



Our Little Helpers

SUPPER AT: PUC CCES, PUC LCHS, PUC TCA, PUC TCHS, PUC CALS MS, PUC CALS HS, PUC eCALS, PUC NECA, PUC EXCEL, PUC MIL, PUC ICA

<p><b>Nov 2</b>  <b>-Supper Power Kit! Goldfish Cheddar Crackers,Honey Wheat Crackers,Seeds &amp; String Cheese with Baby Carrots 1.3oz Bag</b>          -Fresh Fruit          -Chocolate Milk: 0%          -Milk: 0%</p>	<p><b>Nov 3</b>  <b>-Cheese Pizza with Baby Carrots 1.3oz Bag</b>          -Fresh Fruit          -Milk: 0%          -Milk: 1%</p>	<p><b>Nov 4</b>  <b>-Whole Wheat Slices for Sandwich with Sunbutter, Grape Jelly Packet, Fresh Celery Sticks, String Cheese and Seasonal Fruit</b>          -Chocolate Milk: 0%          -Milk: 0%</p>	<p><b>Nov 5</b>  <b>-Mozzarella Stuffed Breadsticks with Cup of Marinara Sauce</b>          -Fresh Fruit          -Chocolate Milk: 0%          -Milk: 0%</p>	<p><b>Nov 6</b>  <b>-Cheesy Bean &amp; Salsa Nacho Dip with Scoops and Hot Sauce Packet</b>          -Fresh Fruit          -Milk: 0%          -Milk: 1%</p>
<p><b>Nov 9</b>  <b>-Chicken Corn Dog Bites with Ketchup Packet, Honey Mustard Dressing Packet and Side Salad</b>          -Fresh Fruit          -Chocolate Milk: 0%          -Milk: 0%</p>	<p><b>Nov 10</b>  <b>-Veggie Chef Salad with Goldfish Pretzels and Ranch Dressing Packet</b>          -Fresh Fruit          -Milk: 0%          -Milk: 1%</p>	<p><b>Nov 11</b>  <b>-Chicken Tamale with Corn</b>          -Fresh Fruit          -Chocolate Milk: 0%          -Milk: 0%</p>	<p><b>Nov 12</b>  <b>-Turkey Slider Snacker Pack with Baby Carrots 1.3oz Bag, Lightly Salted Sunflower Seeds, Mayonnaise Packet and Seasonal Fruit</b>          -Chocolate Milk: 0%          -Milk: 0%</p>	<p><b>Nov 13</b>  <b>-Chicken Chilaquiles with Scoops and Corn</b>          -Fresh Fruit          -Milk: 0%          -Milk: 1%</p>
<p><b>Nov 16</b>  <b>-Honey Mustard Chicken Wrap with Honey Mustard Dressing Packet and Baby Carrots 1.3oz Bag</b>          -Fresh Fruit          -Chocolate Milk: 0%,          -Milk: 0%</p>	<p><b>Nov 17</b>  <b>-Cheesy Bean &amp; Salsa Nacho Dip with Scoops and Hot Sauce Packet</b>          -Fresh Fruit          -Milk: 0%          -Milk: 1%</p>	<p><b>Nov 18</b>  <b>-Cheese Enchilada Seasoned Rice and Corn</b>          -Fresh Fruit          -Chocolate Milk: 0%          -Milk: 0%</p>	<p><b>Nov 19</b>  <b>-Holiday Roasted Turkey with Gravy and Steamed Corn and Packet of Cranberry Sauce</b>          -Fresh Fruit          -Chocolate Milk: 0%          -Milk: 0%</p>	<p><b>Nov 20</b>  <b>-BBQ Beef Rib Sandwich with BBQ Sauce Packet and Paradise Punch 100% Juice 4.23oz</b>          -Fresh Fruit          -Milk: 0%          -Milk: 1%</p>
<p><b>Nov 23</b>  <b>-Chicken Bites Snacker Pack with Street Corn, Seasonal Fruit and Ketchup Packet</b>          -Chocolate Milk: 0%          -Milk: 0%</p>	<p><b>Nov 24</b>  <b>-Flame-Broiled Beef Cheeseburger with Lettuce and Tomato Slices, Ketchup Packet and</b>          -Fresh Fruit          -Milk: 0%          -Milk: 1%</p>	<p><b>Nov 25</b>  <b>-Classic Turkey &amp; Cheddar Sandwich with Mayonnaise Packet, Seasoned Blanched Broccoli Florets and</b>          -Fresh Fruit          -Chocolate Milk: 0%          -Milk: 0%</p>	<p><b>Nov 26</b>  <b>-Mozzarella Stuffed Breadsticks with Cup of Marinara Sauce</b>          -Fresh Fruit          -Chocolate Milk: 0%          -Milk: 0%</p>	<p><b>Nov 27</b>  <b>-Snacker Pack! Goldfish Cheddar Crackers with Lightly Salted Sunflower Seeds, String Cheese, Celery Sticks and Grape Tomatoes and Seasonal Fruit</b>          -Milk: 0%          -Milk: 1%</p>
<p><b>Nov 30</b>  <b>-Sunbutter, Jelly, Sliced Bread with String Cheese and Fresh Celery Sticks</b>          -Fresh Fruit          -Chocolate Milk: 0%          -Milk: 0%</p>				

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