

Lunch Menu K-8



November 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Sandwich of the Day				
Wowbutter Sandwich <i>Fruitable Juice</i>	Turkey Pastrami & Cheese Sandwich <i>Cucumber Slices</i>	Tuna Sandwich <i>Celery Sticks</i>	Turkey Ham & Cheese Sandwich <i>Baby Carrots</i>	Deli Chicken & Cheese Sandwich <i>Jicama Sticks</i>
Entrée of the Day				
2 Chicken Enchiladas w/ Green Salsa	3 French Bread Pepperoni Pizza Baby Carrots	4 Cheeseburger Oven Baked Fries <i>Ketchup</i>	5 Chicken Alfredo w/ Broccoli	6 Chicken Burrito Bowl w/ Brown Rice, Beans & Corn
9 Chicken Corn Dog Celery Sticks <i>Ketchup</i>	10 Grilled Chicken Sandwich Oven Baked Fries <i>Ketchup</i>	11 Turkey Chili Popped Corn Chips	12 Mac & Cheese Baby Carrots <i>Whole Grain Cookie</i>	13 Sweet & Sour Chicken Brown Rice & Broccoli
16 Hamburger Lettuce, Tomatoes, Pickles <i>Ketchup</i>	17 Bean & Cheese Pupusa Refried Beans	18 <i>Breakfast 4 Lunch</i> French Toast Sticks, Chicken Sausage & Potato Wedges <i>Syrup</i>	19 Chicken Burrito Salsa Cup	20 Chicken Nuggets Oven Baked Fries <i>Ketchup</i>
23 Breaded Chicken Patty Burger Oven Baked Fries <i>Ketchup</i>	24 Beef Nachos Tortilla Chips	25 Baked Ziti w/ Meat Sauce	26 Baked Turkey Mashed Potatoes & Gravy Diced Carrots Dinner Roll	27 Grilled Cheese Sandwich Fresh Broccoli
30 Chicken Enchiladas w/ Green Salsa	1 French Bread Pepperoni Pizza Baby Carrots	2 Cheeseburger Oven Baked Fries <i>Ketchup</i>	3 Chicken Alfredo w/ Broccoli	4 Chicken Burrito Bowl w/ Brown Rice, Beans & Corn

MENU SUBJECT TO CHANGE WITHOUT NOTICE

This institution is an equal opportunity provider.

All entrées served with whole fruit, fruit cup or 100% fruit juice and offered with choice of 1% milk or fat free milk.

Vegetarian Lunch Menu K-8



November 2020

Monday	Tuesday	Wednesday	Thursday	Friday
Sandwich of the Day				
Wowbutter Sandwich <i>Fruitable Juice</i>	Double Cheese Sandwich <i>Cucumber Slices</i>	Wowbutter Sandwich <i>Fruitable Juice</i>	Double Cheese Sandwich <i>Baby Carrots</i>	Double Cheese Sandwich <i>Jicama Sticks</i>
Entrée of the Day				
2 Cheese Enchiladas w/ Green Salsa	3 Cheese Pizza Sliders Baby Carrots	4 Vegetarian Cheese Burger Oven Baked Fries <i>Ketchup</i>	5 Plant-based "Chicken" Alfredo w/ Broccoli	6 Vegetarian Burrito Bowl w/ Brown Rice, Beans & Corn
9 Cheese Pizza Sliders Celery Sticks	10 Vegetarian Burger Oven Baked Fries <i>Ketchup</i>	11 Bean & Cheese Chili Popped Corn Chips	12 Mac & Cheese Baby Carrots	13 Sweet & Sour Plant-Based "Chicken" Tenders Brown Rice & Broccoli
16 Vegetarian Burger Lettuce, Tomatoes, Pickles <i>Ketchup</i>	17 Bean & Cheese Pupusa Refried Beans	18 <i>Breakfast 4 Lunch</i> French Toast Sticks, Plant-based "Chicken" Tenders & Potato Wedges <i>Syrup</i>	19 Bean & Cheese Burrito Salsa Cup	20 Plant-based "Chicken" Tenders Oven Baked Fries
23 Vegetarian Burger Oven Baked Fries <i>Ketchup</i>	24 Cheese Nachos Tortilla Chips	25 Cheesy Baked Ziti w/ Marinara Sauce	26 Plant-Based "Chicken" Mashed Potatoes & Gravy Diced Carrots Dinner Roll	27 Grilled Cheese Sandwich Fresh Broccoli
30 Cheese Enchiladas w/ Green Salsa	1 Cheese Pizza Sliders Baby Carrots	2 Vegetarian Cheese Burger Oven Baked Fries <i>Ketchup</i>	3 Plant-based "Chicken" Alfredo w/ Broccoli	4 Vegetarian Burrito Bowl w/ Brown Rice, Beans & Corn

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