

Lunch Menu K-8



March 2021

MEAL 1	MEAL 2	MEAL 3	MEAL 4	MEAL 5	MEAL 6	MEAL 7
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Sandwich of the Day						
Turkey & Cheese Sandwich Mayonnaise Packet Cucumber Slices	Deli Chicken & Cheese Sandwich Mayonnaise Packet Celery Sticks	Club Sandwich <i>*Contains Pork*</i> Mayonnaise Packet Baby Carrots	Wowbutter Sandwich Fruitable Juice	Turkey Pastrami & Cheese Sandwich Mayonnaise Packet Jicama Sticks		
Entrée of the Day						
1 Rib-A-Que Beef Patty on French Roll Broccoli Side Salad	2 Grilled Chicken Sandwich Oven Baked Fries Ketchup	3 Cheese Lasagna w/ Marinara Sauce Whole Grain Dessert	4 <i>Breakfast 4 Lunch</i> French Toast Sticks, Chicken Sausage & Potato Wedges Syrup	5 Mac & Cheese Baby Carrots	6 Mini Chicken Tacos Refried Beans Veg: Cheese Tamale	7 Chicken Nuggets w/ Oven Baked Fries Veg: Veggie Burger & Fries
8 Hamburger Oven Baked Fries Ketchup	9 Bean & Cheese Pupusa Refried Beans <i>*Strawberry Milk Available*</i>	10 Sweet & Sour Chicken Brown Rice & Broccoli	11 Chicken Noodle Soup w/ Vegetables	12 Bean & Cheese Burrito Salsa Cup	13 Corn Dog w/ Oven Baked Fries Veg: Plant-Based Chicken Tenders & Fries	14 Cheese Tamale Mixed Vegetables
15 Aloha Chicken Burger <i>*Contains Pork*</i> Oven Baked Fries Ketchup	16 Beef & Bean Nachos Tortilla Chips	17 Baked Ziti w/ Meat Sauce	18 Chicken Tamale Mixed Vegetables	19 Grilled Cheese Sandwich Fresh Broccoli Ranch Packet	20 Pepperoni Pizza Wedge Fruitable Juice Veg: Grilled Cheese Sandwich	21 Bean & Cheese Pupusa Baby Carrots
22 Turkey Chili w/ Beans Corn Muffin (2G)	23 Chicken Nuggets Peas & Carrots <i>*Strawberry Milk Available*</i>	24 Cheeseburger Oven Baked Fries Ketchup	25 Chicken Alfredo w/ Broccoli	26 Cheese Enchiladas w/ Green Salsa	27 Double Dog Fruitable Juice Veg: Bean & Cheese Burrito	28 Turkey & Cheese Lunch Kit Baby Carrots Veg: Cheese Pizza Sliders
29 Hot Dog Oven Baked Fries Ketchup	30 Albondigas Soup (Mexican Meatball Soup) Tortilla Chips	31 Chicken Parmesan Pasta w/ Marinara Sauce	1 Chicken Burrito Bowl w/ Brown Rice (1c), Beans & Corn	2 Mac & Cheese Baby Carrots	3 French Bread Pepperoni Pizza Fruitable Juice Veg: Cheese Pizza Sliders	4 Chicken Nuggets w/ Oven Baked Fries Veg: Veggie Burger & Fries

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This institution is an equal opportunity provider.

All entrées served with whole fruit, fruit cup or 100% fruit juice and offered with choice of 1% milk or fat free milk.

Vegetarian Lunch Menu K-8



March 2021

Monday		Tuesday		Wednesday		Thursday		Friday						
Sandwich of the Day														
Double Cheese Sandwich <i>Mayonnaise</i> <i>Cucumber Slices</i>		Double Cheese Sandwich <i>Mayonnaise</i> <i>Celery Sticks</i>		Double Cheese & Tomato Sandwich <i>Mayonnaise</i> <i>Baby Carrots</i>		Wowbutter Sandwich <i>Fruitable Juice</i>		Double Cheese Sandwich <i>Mayonnaise</i> <i>Jicama Sticks</i>						
Entrée of the Day														
1	Cheese Pizza Sliders Broccoli Side Salad		2	Plant-Based Chicken Tenders Oven Baked Fries <i>Ketchup</i>		3	Cheese Lasagna w/ Marinara Sauce Whole Grain Dessert		4	<i>Breakfast 4 Lunch</i> French Toast Sticks, Plant-based "Chicken" Tenders & Potato Wedges <i>Syrup</i>		5	Mac & Cheese Baby Carrots	
8	Vegetarian Burger Oven Baked Fries <i>Ketchup</i>		9	Bean & Cheese Pupusa Refried Beans *Strawberry Milk Available*		10	Sweet & Sour Plant-Based "Chicken" Tenders Brown Rice & Broccoli		11	Plant-Based "Chicken" Noodle Soup w/ Vegetables		12	Bean & Cheese Burrito Salsa Cup	
15	Plant-Based Chicken Tenders Oven Baked Fries <i>Ketchup</i>		16	Bean & Cheese Nachos Tortilla Chips		17	Cheesy Baked Ziti w/ Marinara Sauce		18	Cheese Tamale Mixed Vegetables		19	Grilled Cheese Sandwich Fresh Broccoli <i>Ranch Packet</i>	
22	Bean Chili Corn Muffin (2G)		23	Plant-Based Chicken Tenders Peas & Carrots *Strawberry Milk Available*		24	Vegetarian Cheese Burger Oven Baked Fries <i>Ketchup</i>		25	Plant-based "Chicken" Alfredo w/ Broccoli		26	Cheese Enchiladas w/ Green Salsa	
29	Vegetarian Burger Oven Baked Fries <i>Ketchup</i>		30	Tortilla Soup w/ Beans Popped Corn Chips		31	Cheesy Baked Ziti w/ Marinara Sauce		1	Vegetarian Burrito Bowl w/ Brown Rice, Beans & Corn		2	Mac & Cheese Baby Carrots	

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Cold Lunch Menu K-12



March 2021

Monday	Tuesday	Wednesday	Thursday	Friday
1 Turkey & Cheese Sandwich <i>Mayonnaise Packet</i> Cucumber Slices (1/4 c)	2 Turkey Ham & Cheese Croissant (2 M/MA, 2 G/B) Baby Carrots (1/2 c)	3 Deli Chicken Sandwich <i>Mayonnaise Packet</i> <i>Celery Sticks (1/4 c)</i>	4 Wowbutter Sandwich (2M/MA, 2G) Fruitable Juice (4 oz)	5 Make Your Own Pizza Pack (2M/MA, 1 G, 1/2 c veg)
8 Wowbutter Sandwich (2M/MA, 2G) Fruitable Juice (4 oz)	9 Turkey Pastrami & Cheese Sandwich (2 M/MA, 2G/B 1/4 c veg) <i>Mayonnaise Packet</i> Baby Carrots (1/4 c)	10 Club Sandwich <i>*Contains Pork*</i> <i>Mayonnaise Packet</i> Baby Carrots (1/4 c)	11 Turkey, Cheese & Crackers Lunch Pack (2 M/MA, 1 G) Baby Carrots (1/2)	12 Make Your Own Pizza Pack (2M/MA, 1 G, 1/2 c veg)
15 Turkey & Cheese Sandwich <i>Mayonnaise Packet</i> Cucumber Slices (1/4 c)	16 Wowbutter Sandwich (2M/MA, 2G) Fruitable Juice (4 oz)	17 Deli Chicken Sandwich <i>Mayonnaise Packet</i> <i>Celery Sticks (1/4 c)</i>	18 Turkey Club Sandwich w/ Tomatoes & Lettuce (2 M/MA, 2G, 1/2 c veg) <i>Mayonnaise Packet</i>	19 Turkey Ham & Cheese Croissant (2 M/MA, 2 G/B) Baby Carrots (1/2 c)
22 Turkey & Cheese Sandwich <i>Mayonnaise Packet</i> Cucumber Slices (1/4 c)	23 Turkey Ham & Cheese Croissant (2 M/MA, 2 G/B) Baby Carrots (1/2 c)	24 Club Sandwich <i>*Contains Pork*</i> <i>Mayonnaise Packet</i> Baby Carrots (1/4 c)	25 Make Your Own Pizza Pack (2M/MA, 1 G, 1/2 c veg)	26 Turkey, Cheese & Crackers Lunch Pack (2 M/MA, 1 G) Baby Carrots (1/2)
29 Turkey & Cheese Sandwich <i>Mayonnaise Packet</i> Cucumber Slices (1/4 c)	30 Turkey Ham & Cheese Croissant (2 M/MA, 2 G/B) Baby Carrots (1/2 c)	31 Deli Chicken Sandwich <i>Mayonnaise Packet</i> <i>Celery Sticks (1/4 c)</i>	1 Wowbutter Sandwich (2M/MA, 2G) Fruitable Juice (4 oz)	2 Turkey Pastrami & Cheese Sandwich (2 M/MA, 2G/B 1/4 c veg) <i>Mayonnaise Packet</i> Jicama Sticks (1/4 c)

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