

Lunch Menu K-12



June 2021

MEAL 1	MEAL 2	MEAL 3	MEAL 4	MEAL 5	MEAL 6	MEAL 7
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31 Turkey Chili w/ Beans Baked Chips	1 WG Chicken Nuggets w/Broccoli Ketchup WG Chocolate Chip Cookie	2 Cheeseburger Oven Baked Fries Ketchup	3 Chicken Parmesan Pasta w/ Marinara Sauce	4 Chicken Enchiladas w/ Green Salsa	5 Double Dog Fruitable Juice Veg: Bean & Cheese Burrito	6 Turkey & Cheese Lunch Kit Baby Carrots Veg: Cheese Pizza Sliders
7 Chicken Patty Burger Oven Baked Fries Ketchup	8 Turkey Chili w/ Beans Baked Chips (2 G)	9 Turkey Ham & Cheese Croissant Sandwich Broccoli Dippers w/ Ranch	10 Baked Ziti w/ Meat Sauce	11 Chicken Tamale Mixed Vegetables	12 French Bread Pepperoni Pizza *Contains Pork* Fruitable Juice Veg: Cheese Pizza Sliders	13 Cheeseburger w/ Oven Baked Fries Veg: Veggie Burger & Fries
14 Beef & Bean Nachos Tortilla Chips	15 Chicken Nuggets & Oven Baked Fries w/ Baked Chips OR Chicken Leg w/ Fries <i>Limited Qty!</i> Baked Chips Ketchup	16 Cheese Lasagna w/ Marinara Sauce WG Cheez Its	17 Chicken Salad Sandwich Cucumber Slices w/ Tajin	18 Rib- A- Que Sandwich Broccoli Side Salad	19 Double Dog Fruitable Juice Veg: Bean & Cheese Burrito	20 Cheese Tamale Mixed Vegetables
21 Chicken Burrito Bowl w/ Rice (1 c), Beans & Corn	22 Turkey & Cheese Sandwich w/ Shredded Lettuce Baby Carrots	23 Cheeseburger Oven Baked Fries Ketchup	24 Chicken Alfredo w/ Broccoli Mini Muffin	25 Bean & Cheese Burrito OR Chicken & Potato Burrito <i>Limited Qty!</i> w/ Salsa Cup	26 Grilled Cheese Sandwich Fruitable Juice	27 Corn Dog w/ Oven Baked Fries Veg: Plant-Based Chicken Tenders w/ Oven Baked Fries
28 Chicken Patty Burger Oven Baked Fries Ketchup	29 Turkey Chili w/ Beans Baked Chips	30 Turkey Ham & Cheese Croissant Sandwich Broccoli Dippers w/ Ranch	1 Baked Ziti w/ Meat Sauce	2 Chicken Tamale Mixed Vegetables	3 French Bread Pepperoni Pizza *Contains Pork* Fruitable Juice Veg: Cheese Pizza Sliders	4 Cheeseburger w/ Oven Baked Fries Veg: Veggie Burger & Fries

MENU SUBJECT TO CHANGE WITHOUT NOTICE

This institution is an equal opportunity provider.

All grain items offered are Whole Grain-Rich.

All entrées served with whole fruit, fruit cup or 100% fruit juice and offered with choice of 1% milk or fat free milk.

Vegetarian Lunch Menu K-8



June 2021

Monday	Tuesday	Wednesday	Thursday	Friday
31 Bean Chili Baked Chips	1 Plant-Based Chicken Tenders Broccoli WG Chocolate Chip Cookie	2 Vegetarian Cheese Burger Oven Baked Fries <i>Ketchup</i>	3 Plant-based Chicken Parmesan Pasta w/ Marinara Sauce	4 Cheese Enchiladas w/ Green Salsa
7 Vegetarian Burger Oven Baked Fries <i>Ketchup</i>	8 Bean Chili Baked Chips	9 Cheese & Tomato Sandwich w/ Shredded Lettuce Broccoli Dippers w/ Ranch	10 Cheesy Baked Ziti w/ Marinara Sauce	11 Cheese Tamale Mixed Vegetables
14 Bean & Cheese Nachos Tortilla Chips	15 Plant-Based "Chicken" Tenders Oven Baked Fries w/ <i>Ketchup</i> Baked Chips	16 Cheese Lasagna w/ Marinara Sauce WG Cheez Its	17 Wowbutter & Jelly Sandwich Cucumber Slices w/ Tajin	18 Vegetarian Burger Broccoli Side Salad
21 Bean Burrito Bowl w/ Rice, Beans & Corn	22 Cheese & Tomato Sandwich w/ Shredded Lettuce Baby Carrots	23 Vegetarian Burger w/ Cheese Oven Baked Fries <i>Ketchup</i>	24 Plant-Based "Chicken" Alfredo w/ Broccoli Mini Muffin	25 Bean & Cheese Burrito Salsa Cup
28 Vegetarian Burger Oven Baked Fries <i>Ketchup</i>	29 Bean Chili Baked Chips	30 Cheese & Tomato Sandwich w/ Shredded Lettuce Broccoli Dippers w/ Ranch	1 Cheesy Baked Ziti w/ Marinara Sauce	2 Cheese Tamale Mixed Vegetables

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Cold Lunch Menu K-12



June 2021

Monday	Tuesday	Wednesday	Thursday	Friday
31 Turkey Ham & Cheese Croissant (2 M/MA, 2 G/B) Baby Carrots (1/2 c)	1 Wowbutter Sandwich (2 M/MA, 2G) Baby Carrots (1/2 c)	2 Turkey Club Sandwich w/ Tomatoes & Lettuce (2 M/MA, 2G, 1/2 c veg) Mayonnaise Packet	3 Turkey, Cheese & Crackers Lunch Pack (2 M/MA, 2 G) Fresh Broccoli (1/2 c)	4 Deli Chicken & Cheese Sandwich (2 M/MA, 2G, 1/4 c veg) Mayonnaise Packet Celery Sticks (1/2 c)
7 Make Your Own Pizza Pack (2M/MA, 2 G, 1/2 c veg) Baby Carrots (1/4 c)	8 Turkey Pastrami & Cheese Sandwich (2 M/MA, 2G, 1/4 c veg) Jicama Sticks (1/2 c)	9 Turkey Ham & Cheese Croissant Sandwich (2M/MA, 2 G) Broccoli Dippers w/ Ranch (1/2 c)	10 Turkey Chipotle Wrap (2 M/MA, 2 G, 1/4 c veg) Cucumber Slices w/ Tajin (1/2 c)	11 Turkey & Cheese Sandwich (2 M/MA, 2 G, 1/4 c veg) Celery Sticks (1/2c)
14 Turkey Club Sandwich w/ Tomatoes & Lettuce (2 M/MA, 2G, 1/2 c veg) Mayonnaise Packet	15 Deli Chicken & Cheese Sandwich (2 M/MA, 2G, 1/4 c veg) Mayonnaise Packet Celery Sticks (1/2 c)	16 Wowbutter Sandwich (2 M/MA, 2G) Fruitable Juice (6 oz)	17 Chicken Salad Sandwich (2 M/MA, 2 G, 1/4 c veg) Cucumber Slices w/ Tajin (1/2 c)	18 Roast Beef Sandwich (2 M/MA, 2 G, 1/4 c veg) Broccoli Side Salad (1/2 c)
21 WG Pita w/ Chicken & Cheese (2 M/MA, 2 G, 1/4 c veg) Celery Sticks (1/2 c)	22 Turkey & Cheese Sandwich (2 M/MA, 2 G, 1/4 c veg) Baby Carrots (1/2c)	23 Cajun Chicken Pasta Salad w/ Beans, Corn & Peppers (2 M/MA, 2 G, 1/2 c veg) Fruitable Juice (4 oz)	24 Protein Pack: String Cheese, Hard Boiled Egg, WG Crackers, WG Mini Loaf, Baby Carrots, Apple (2 M/MA, 2 G, 1/2 c veg, 1/2 c fruit)	25 Chicken & Provolone Wrap (2 M/MA, 2 G, 1/4 c veg) Cucumber Slices w/ Ranch (1/2 c)
28 Make Your Own Pizza Pack (2M/MA, 2 G, 1/2 c veg) Baby Carrots (1/4 c)	29 Turkey Pastrami & Cheese Sandwich (2 M/MA, 2G, 1/4 c veg) Jicama Sticks (1/2 c)	30 Turkey Ham & Cheese Croissant Sandwich (2M/MA, 2 G) Broccoli Dippers w/ Ranch (1/2 c)	1 Turkey Chipotle Wrap (2 M/MA, 2 G, 1/4 c veg) Cucumber Slices w/ Tajin (1/2 c)	2 Turkey & Cheese Sandwich (2 M/MA, 2 G, 1/4 c veg) Celery Sticks (1/2c)

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