

Lunch Menu 9-12



April 2021

MEAL 1	MEAL 2	MEAL 3	MEAL 4	MEAL 5	MEAL 6	MEAL 7
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Sandwich of the Day						
Wowbutter Sandwich Fruitable Juice	Turkey Pastrami & Cheese Sandwich Mayonnaise Packet Jicama Sticks	Turkey & Cheese Sandwich Mayonnaise Packet Cucumber Slices	Club Sandwich *Contains Pork* Mayonnaise Packet Baby Carrots	Deli Chicken & Cheese Sandwich Mayonnaise Packet Fresh Broccoli		
Entrée of the Day						
29 Hot Dog Oven Baked Fries Ketchup	30 Albondigas Soup (Mexican Meatball Soup) Tortilla Chips	31 Chicken Parmesan Pasta w/ Marinara Sauce WG Bites	1 Chicken Burrito Bowl w/ Brown Rice, Beans & Corn	2 Mac & Cheese Baby Carrots WG Cookie	3 French Bread Pepperoni Pizza *Contains Pork* Fruitable Juice Veg: Cheese Pizza Sliders	4 Chicken Nuggets w/ Oven Baked Fries WG Cheez Its Veg: Veggie Burger & Fries
5 NEW Beef Meatloaf w/ Mashed Potatoes Dinner Roll	6 Grilled Chicken Sandwich Oven Baked Fries Ketchup	7 Cheese Lasagna w/ Marinara Sauce Whole Grain Dessert	8 <i>Breakfast 4 Lunch</i> French Toast Sticks, Chicken Sausage & Potato Wedges Syrup Cheese Puffs	9 Grilled Cheese Sandwich Fresh Broccoli Ranch Packet	10 Mini Chicken Tacos Refried Beans Veg: Cheese Tamale	11 Chicken Nuggets w/ Oven Baked Fries WG Bites Veg: Veggie Burger & Fries
12 Hamburger Oven Baked Fries Ketchup	13 Bean & Cheese Pupusa Refried Beans *Strawberry Milk Available*	14 Sweet & Sour Chicken Brown Rice & Broccoli	15 NEW Chicken Ramen Soup w/ Noodles & Vegetables Baked Chips	16 Bean & Cheese Burrito Salsa Cup	17 Corn Dog w/ Oven Baked Fries Veg: Plant-Based Chicken Tenders	18 Cheese Tamale Mixed Vegetables
19 Aloha Chicken Burger *Contains Pork* Oven Baked Fries Ketchup	20 Beef & Bean Nachos Tortilla Chips	21 Baked Ziti w/ Meat Sauce WG Cheez Its	22 Chicken Tamale Mixed Vegetables	23 Mac & Cheese Broccoli Side Salad Dinner Roll	24 Pepperoni Pizza Wedge *Contains Pork* Fruitable Juice Veg: Grilled Cheese Sandwich	25 Bean & Cheese Pupusa Baby Carrots
26 Turkey Chili w/ Beans Corn Muffin (2G)	27 Chicken Nuggets Peas & Carrots Dinner Roll *Strawberry Milk Available*	28 Cheeseburger Oven Baked Fries Ketchup	29 Chicken Alfredo w/ Broccoli Mini Muffin	30 Chicken Enchiladas w/ Green Salsa	1 Double Dog Fruitable Juice Veg: Bean & Cheese Burrito	2 Turkey & Cheese Lunch Kit Baby Carrots Veg: Cheese Pizza Sliders

MENU SUBJECT TO CHANGE WITHOUT NOTICE

This institution is an equal opportunity provider.

All grain items offered are Whole Grain Rich.

All entrées served with whole fruit, fruit cup or 100% fruit juice and offered with choice of 1% milk or fat free milk.

Vegetarian Lunch Menu 9-12



April 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Sandwich of the Day				
Wowbutter Sandwich <i>Fruitable Juice</i>	Double Cheese Sandwich <i>Mayonnaise Packet</i> <i>Jicama Sticks</i>	Double Cheese Sandwich <i>Mayonnaise Packet</i> <i>Cucumber Slices</i>	Cheese & Tomato Sandwich <i>Mayonnaise Packet</i> <i>Baby Carrots</i>	Double Cheese Sandwich <i>Mayonnaise Packet</i> <i>Fresh Broccoli</i>
Entrée of the Day				
29 Vegetarian Burger Oven Baked Fries <i>Ketchup</i>	30 Tortilla Soup w/ Beans Popped Corn Chips	31 Cheesy Baked Ziti w/ Marinara Sauce	1 Vegetarian Burrito Bowl w/ Brown Rice, Beans & Corn	2 Mac & Cheese Baby Carrots
5 Plant-Based Chicken Tenders Mashed Potatoes Dinner Roll	6 Vegetarian Burger Oven Baked Fries <i>Ketchup</i>	7 Cheese Lasagna w/ Marinara Sauce Whole Grain Dessert	8 <i>Breakfast 4 Lunch</i> French Toast Sticks, Plant-based "Chicken" Tenders & Potato Wedges <i>Syrup</i> <i>Cheese Puffs</i>	9 Grilled Cheese Sandwich Fresh Broccoli <i>Ranch Packet</i>
12 Vegetarian Burger Oven Baked Fries <i>Ketchup</i>	13 Bean & Cheese Pupusa Refried Beans <i>*Strawberry Milk Available*</i>	14 Sweet & Sour Plant-Based "Chicken" Tenders Brown Rice & Broccoli	15 Plant-Based "Chicken" Ramen Soup w/ Noodles & Vegetables <i>Baked Chips</i>	16 Bean & Cheese Burrito Salsa Cup
19 Plant-Based Chicken Tenders Oven Baked Fries <i>Ketchup</i>	20 Bean & Cheese Nachos Tortilla Chips	21 Cheesy Baked Ziti w/ Marinara Sauce <i>WG Cheez Its</i>	22 Cheese Tamale Mixed Vegetables	23 Mac & Cheese Broccoli Side Salad <i>Dinner Roll</i>
26 Bean Chili Corn Muffin (2G)	27 Plant-Based Chicken Tenders Peas & Carrots <i>*Stawberry Milk Available*</i>	28 Vegetarian Cheese Burger Oven Baked Fries <i>Ketchup</i>	29 Plant-based "Chicken" Alfredo w/ Broccoli <i>Mini Muffin</i>	30 Cheese Enchiladas w/ Green Salsa

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Cold Lunch Menu K-12

April 2021



Monday	Tuesday	Wednesday	Thursday	Friday
29 Turkey & Cheese Sandwich Mayonnaise Packet Cucumber Slices (1/2 c)	30 Turkey Ham & Cheese Croissant (2 M/MA, 2 G/B) Baby Carrots (1/2 c)	31 Deli Chicken Sandwich Mayonnaise Packet Celery Sticks (1/2 c)	1 Wowbutter Sandwich (2M/MA, 2G) Fruitable Juice (4 oz)	2 Turkey Pastrami & Cheese Sandwich (2 M/MA, 2G/B 1/4 c veg) Mayonnaise Packet Jicama Sticks (1/2 c)
5 Mexican Chicken Salad Mixed Vegetables Tortilla Chips	6 Turkey Pastrami & Cheese Sandwich (2 M/MA, 2G/B 1/4 c veg) Mayonnaise Packet Jicama Sticks (1/2 c)	7 Make Your Own Pizza Pack (2M/MA, 1 G, 1/2 c veg) Baby Carrots (1/4 c)	8 Turkey, Cheese & Crackers Lunch Pack (2 M/MA, 1 G) Fresh Broccoli (1/2)	9 Protein Pack: String Cheese (1MA) Hard Boiled Egg (1MA) WG Crackers (1 G), Apple (1/2 c) Baby Carrots (1/2 c)
12 Turkey Ham & Cheese Croissant (2 M/MA, 2 G/B) Baby Carrots (1/2 c)	13 Wowbutter Sandwich Fruitable Juice (6 oz)	14 Turkey Club Sandwich w/ Tomatoes & Lettuce (2 M/MA, 2G, 1/2 c veg) Mayonnaise Packet	15 Turkey & Cheese Wedge Sandwich Mayonnaise Packet Fresh Broccoli (1/2)	16 Deli Chicken & Cheese Sandwich Mayonnaise Packet Celery Sticks (1/2 c)
19 Mexican Chicken Salad Mixed Vegetables Tortilla Chips	20 Turkey Pastrami & Cheese Sandwich Mayonnaise Packet Jicama Sticks (1/2 c)	21 Make Your Own Pizza Pack (2M/MA, 1 G, 1/2 c veg) Baby Carrots (1/4 c)	22 Turkey, Cheese & Crackers Lunch Pack (2 M/MA, 1 G) Fresh Broccoli (1/2)	23 Protein Pack: String Cheese (1MA) Hard Boiled Egg (1MA) WG Crackers (1 G), Apple (1/2 c) Baby Carrots (1/2 c)
26 Turkey Ham & Cheese Croissant (2 M/MA, 2 G/B) Baby Carrots (1/2 c)	27 Wowbutter Sandwich Fruitable Juice (6 oz)	28 Turkey Club Sandwich w/ Tomatoes & Lettuce (2 M/MA, 2G, 1/2 c veg) Mayonnaise Packet	29 Turkey & Cheese Wedge Sandwich Mayonnaise Packet Fresh Broccoli (1/2)	30 Deli Chicken & Cheese Sandwich Mayonnaise Packet Celery Sticks (1/2 c)

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