

Oct-16

all meals come with milk and fresh fruit

todos alimentos vienen con fruta fresca

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Breakfast	Breakfast	Breakfast	Breakfast	Professional Development --NO SCHOOL
Kashi sunshine cereal	banana muffin	dipperdoodle bar	cinnamon crumble	
Lunch	Lunch	Lunch	Lunch	
pepperoni calzoni	hot dog	chicken potstickers	spaghetti marinara	
taco trio	chicken sandwich	cheese enchiladas	oven roasted chicken breast	
10	11	12	13	14
Professional Development --NO SCHOOL	Professional Development - No School	Breakfast	Breakfast	Breakfast
	cinnamon grahams with cheese	whole wheat bagel	english muffin with turkey n cheese	french toast muffin
	Lunch	Lunch	Lunch	Lunch
	baked mac n cheese bites	cheeseburger	pancakes with sausage	Italian Meatball
	pizza panada pie	oven roasted chicken sandwich		cheese tamale
	sausage pizza			
17	18	19	20	21
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
cinammon grahams	granola with yogurt	autumn spice muffin	dipper doodle bar	whole wheat bagel
Lunch	Lunch	Lunch	Lunch	Lunch
tukey flatbread sandwich	hot dog	firecracker chicken	crispy chicken sandwich	kicken chicken parmessen pasta
chicken bites	cheese pizza	chicken taco trio	egg n cheese panada pie	cheesy chicken quesadilla
24	25	26	27	28
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
mini dipperdoodle bar	french toast muffin	blueberry burst bagel	omega strawberry bar	cinnamon crumble
Lunch	Lunch	Lunch	Lunch	Lunch
cheese pizza	meatball sub	natural cheeseburger	pancakes with cheese omelet	veggie chili
chicken enchiladas	mac n cheese n chicken sausage	oven roasted chicken sandwich	cheese lasagna	kickin chicken melt sandwich