

# October LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> <li>• crispy chicken sandwich (df)</li> </ul>	<ul style="list-style-type: none"> <li>• meatless "sausage" calzoni</li> </ul>	<ul style="list-style-type: none"> <li>• buffalo chicken sandwich</li> <li>• veggie chef's salad (v)</li> </ul>	<ul style="list-style-type: none"> <li>• chicken potstickers (df)</li> </ul>	NO SCHOOL
<ul style="list-style-type: none"> <li>◦ celery sticks with ranch</li> </ul>	<ul style="list-style-type: none"> <li>◦ blanched broccoli (chilled) &amp; pinto beans (chilled)</li> </ul>	<ul style="list-style-type: none"> <li>◦ lettuce &amp; tomatoes</li> </ul>	<ul style="list-style-type: none"> <li>◦ steamed corn</li> </ul>	
NO SCHOOL	<ul style="list-style-type: none"> <li>• pepperjack cheeseburger</li> <li>• veggie taco salad (v)</li> </ul>	<ul style="list-style-type: none"> <li>• red chile chicken tamale</li> <li>• garden ranch salad with chicken</li> </ul>	<ul style="list-style-type: none"> <li>• the revolution dog (df)</li> <li>• sesame chicken salad</li> </ul>	<ul style="list-style-type: none"> <li>• cheesy ravioli (v)</li> </ul>
	<ul style="list-style-type: none"> <li>◦ baby carrots &amp; seasoned black beans (chilled)</li> </ul>	<ul style="list-style-type: none"> <li>◦ blanched broccoli with ranch (chilled)</li> </ul>	<ul style="list-style-type: none"> <li>◦ coleslaw</li> </ul>	<ul style="list-style-type: none"> <li>◦ steamed carrots</li> </ul>
<ul style="list-style-type: none"> <li>• beef cheeseburger</li> </ul>	<ul style="list-style-type: none"> <li>• mac &amp; cheese and chicken bites</li> </ul>	<ul style="list-style-type: none"> <li>• bbq chicken quesadilla</li> <li>• garden ranch salad with chicken</li> </ul>	<ul style="list-style-type: none"> <li>• chicken teriyaki (df)</li> <li>• veggie taco salad (v)</li> </ul>	<ul style="list-style-type: none"> <li>• kickin' chicken melt</li> </ul>
<ul style="list-style-type: none"> <li>◦ steamed corn</li> </ul>	<ul style="list-style-type: none"> <li>◦ sliced cucumber with ranch</li> </ul>	<ul style="list-style-type: none"> <li>◦ lettuce &amp; tomatoes</li> </ul>	<ul style="list-style-type: none"> <li>◦ baby carrots &amp; edamame beans (chilled)</li> </ul>	<ul style="list-style-type: none"> <li>◦ glazed carrots</li> </ul>
<ul style="list-style-type: none"> <li>• chicken bites (df)</li> </ul>	<ul style="list-style-type: none"> <li>• lone star bbq chicken sandwich</li> <li>• veggie chef's salad (v)</li> </ul>	<ul style="list-style-type: none"> <li>• green chile &amp; cheese tamale (v)</li> <li>• honey mustard salad with grilled chicken</li> </ul>	<ul style="list-style-type: none"> <li>• the revolution dog (df)</li> </ul>	<ul style="list-style-type: none"> <li>• buffalo chicken pizza</li> </ul>
<ul style="list-style-type: none"> <li>◦ celery sticks with ranch</li> </ul>	<ul style="list-style-type: none"> <li>◦ baby carrots &amp; warm pinto beans</li> </ul>	<ul style="list-style-type: none"> <li>◦ steamed corn</li> </ul>	<ul style="list-style-type: none"> <li>◦ blanched broccoli (chilled)</li> </ul>	<ul style="list-style-type: none"> <li>◦ glazed carrots</li> </ul>
<ul style="list-style-type: none"> <li>• crispy chicken sandwich (df)</li> </ul>	<ul style="list-style-type: none"> <li>• meatless "sausage" calzoni</li> </ul>			
<ul style="list-style-type: none"> <li>• sesame chicken salad</li> </ul>	<ul style="list-style-type: none"> <li>◦ blanched broccoli (chilled) &amp; warm pinto beans</li> </ul>			
<ul style="list-style-type: none"> <li>◦ celery sticks with ranch</li> </ul>				

celebrate  
national  
school  
lunch  
week!

October 9-13 is National School Lunch Week, and we're celebrating with an all-star menu of all your favorite meals!

Stop by the  
lunchroom and try  
something new

**Lunch:** choice of 1% or fat-free milk; fresh fruit available daily.

**Dairy-free (DF) and vegetarian (VG)** options available daily – if not listed on the menu, available upon request.

◦ Vegetable of the day

*This institution is an equal opportunity provider*

