

Breakfast Menu

september 2021



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Frosted Mini Wheats w/ Strawberry Grahams(175) Apple Sauce(175) Whole Fruit 2(175) 1% White Milk(123) Fat Free White Milk(52)	2 Chicken Sausage & Pancake w/ Syrup(175) Whole Fruit (175) 100% Fruit Juice 2(175) 1% White Milk(140) Fat Free White Milk(35)	3 Pan Dulce(175) Green Apple(175) Whole Fruit 2(175) 1% White Milk(123) Fat Free White Milk(53)	4	5
6	7 Mini Blueberry Pancakes(175) Orange(175) Whole Fruit (175) 1% White Milk(140) Fat Free White Milk(35)	8 Mantecada Sweet Bread(150) Pear(150) Whole Fruit 2(150) 1% White Milk(120) Fat Free White Milk(30)	9 Breakfast Cheese Tamale(175) Whole Fruit (175) 100% Fruit Juice 2(175) 1% White Milk(140) Fat Free White Milk(35)	10 Pineapple Empanada(155) Green Apple(155) Whole Fruit 2(155) 1% White Milk(124) Fat Free White Milk(31)	11	12
13	14 Bean & Cheese Burrito(155) Orange(155) Whole Fruit (155) 1% White Milk(124) Fat Free White Milk(31)	15 Mango Bar(155) Apple Sauce(155) Whole Fruit 2(155) 1% White Milk(124) Fat Free White Milk(31)	16 Egg & Cheese Sandwich (155) Whole Fruit (155) 100% Fruit Juice 2(155) 1% White Milk(124) Fat Free White Milk(31)	17 Apple Jacks w/ Granola(155) Whole Fruit 2(155) Whole Fruit (Nectarine)(155) 1% White Milk(124) Fat Free White Milk(31)	18	19
20 Coffee Cake(150) Whole Fruit (150) Orange(150) 1% White Milk(120) Fat Free White Milk(30)	21 Chocolate Chip Muffin Flat (175) Orange(175) Whole Fruit (175) 1% White Milk(140) Fat Free White Milk(35)	22 Fruit Yogurt Parfait Granola(150) Pear(150) Whole Fruit 2(150) 1% White Milk(120) Fat Free White Milk(30)	23 Chicken & Waffle w/ Syrup(155) Whole Fruit (155) 100% Fruit Juice 2(155) 1% White Milk(124) Fat Free White Milk(31)	24 Strawberry Muffin(150) Whole Fruit 2(150) Whole Fruit (Nectarine)(150) 1% White Milk(120) Fat Free White Milk(30)	25	26
27 Cinnamon Delight(150) Whole Fruit (150) Orange(150) 1% White Milk(120) Fat Free White Milk(30)	28 Blueberry Muffin(175) Orange(175) Whole Fruit (175) 1% White Milk(140) Fat Free White Milk(35)	29 Frosted Mini Wheats w/ Strawberry Grahams(155) Apple Sauce(155) Whole Fruit 2(155) 1% White Milk(124) Fat Free White Milk(31)	30 Chicken Sausage & Pancake w/ Syrup(175) Whole Fruit (175) 100% Fruit Juice 2(175) 1% White Milk(140) Fat Free White Milk(35)			

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.
This institution is an equal opportunity provider.

