

# Lunch Menu

september 2021



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Chicken Nuggets & Mash(160) Tuscan White Bean Salad(160) Banana(160) 1% White Milk(32) Fat Free Chocolate Milk(128)	2 BBQ Meatballs w/ Seasoned Potato Wedges Baby Carrots 2(160) Orange(160) 1% White Milk(32) Fat Free Chocolate Milk(128)	3 Beef, Bean & Cheese Burrito(165) Mixed Green Salad w/ Ranch(165) 100% Fruit Juice 3(165) 1% White Milk(33) Fat Free Chocolate Milk(132)	4	5
6	7 Beef Nachos w/ Tortilla Chips(165) Baby Carrots(165) 100% Fruit Juice (165) 1% White Milk(33) Fat Free Chocolate Milk(132)	8 Meatloaf Mash & Gravy & Dinner Roll(160) Pinto Bean Salad(160) Banana(160) 1% White Milk(32) Fat Free Chocolate Milk(128)	9 Baked Ziti w/ Meat Sauce(165) Baby Carrots 2(165) Orange(165) 1% White Milk(33) Fat Free Chocolate Milk(132)	10 Beef, Bean & Cheese Burrito(165) House Salad w/ Italian(165) 100% Fruit Juice 3(165) 1% White Milk(33) Fat Free Chocolate Milk(132)	11	12
13	14 Italian Combo Sandwich (160) Baby Carrots(160) 100% Fruit Juice (160) 1% White Milk(32) Fat Free Chocolate Milk(128)	15 Chicken Nuggets & Mash(165) Jicama & Bean Salad w/ Tajin Dressing(165) Banana(165) 1% White Milk(33) Fat Free Chocolate Milk(132)	16 Breakfast for Lunch: Pancakes, Chicken Sausage & Seasoned Wedges(165) Baby Carrots 2(165) Orange(165) 1% White Milk(33) Fat Free Chocolate Milk(132)	17 Beef, Bean & Cheese Burrito(165) Kale & Green Apple Salad w/ Ranch(165) 100% Fruit Juice 3(165) 1% White Milk(33) Fat Free Chocolate Milk(132)	18	19
20 Cheeseburger w/ Oven Baked Fries(10) Honey-Mustard Grilled Chicken Sandwich w/ Oven Baked Fries(130) Apple(140) 1% White Milk(28) Fat Free Chocolate Milk(112)	21 Beef Nachos w/ Tortilla Chips(165) Baby Carrots(165) 100% Fruit Juice (165) 1% White Milk(33) Fat Free Chocolate Milk(132)	22 Chicken Nuggets & Mash(170) Sweet Edamame Salad(170) Banana(170) 1% White Milk(34) Fat Free Chocolate Milk(136)	23 Spaghetti & Meatballs(165) Baby Carrots 2(165) Orange(165) 1% White Milk(33) Fat Free Chocolate Milk(132)	24 Hamburger w/ BBQ Popped Chips (170) House Salad w/ Italian(170) Apple(170) 1% White Milk(34) Fat Free Chocolate Milk(136)	25	26
27 Beef Hot Dog w/ Oven Baked Fries (170) Apple(170) 1% White Milk(34) Fat Free Chocolate Milk(136)	28 Chicken Tamale w/ Mixed Vegetables (165) Baby Carrots(33) 100% Fruit Juice (132) 1% White Milk(33) Fat Free Chocolate Milk(99)	29 Chicken Alfredo Pasta w/ Steamed Broccoli & Whole Grain Cookie(165) Tuscan White Bean Salad(33) Banana(99) 1% White Milk(33) Fat Free Chocolate Milk(99)	30 Baked Ziti w/ Meat Sauce(100) Chicken & Cheese Pita Sandwich w/ Cucumber Slices(65) Baby Carrots 2(33) Orange(99) 1% White Milk(33) Fat Free Chocolate Milk(99)			

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.  
This institution is an equal opportunity provider.

