

October

Lunch

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <ul style="list-style-type: none"> • "Meatless Pepperoni" Calzoni Pizza (VG) <p>o Corn 3</p> | <ul style="list-style-type: none"> • All Natural Hot Dog (DF) <p>o Coleslaw 4</p> | <ul style="list-style-type: none"> • Cheese Enchiladas (VG) <p>o Pinto Beans & Blanched Broccoli Florets 5</p> | <ul style="list-style-type: none"> • Lone Star Grilled Chicken Breast Sandwich <p>o Chopped Lettuce and Tomatoes with Ranch 6</p> | NO SCHOOL 7 |
| NO SCHOOL 10 | <ul style="list-style-type: none"> • Cheese Pizza Panada Pie (VG) • Sesame Chicken Salad <p>o Chilled, Green Beans with Ranch 11</p> | <ul style="list-style-type: none"> • Oven Roasted Chicken Sandwich (DF) • Chicken Pizza Party Salad <p>o Chopped Lettuce and Tomatoes 12</p> | <ul style="list-style-type: none"> • Sweet Garlic Noodles <p>o Corn 13</p> | <ul style="list-style-type: none"> • Cheese Tamale (VG) <p>o Glazed Carrots 14</p> |
| <ul style="list-style-type: none"> • Chicken Bites (DF) <p>o Celery Sticks with Ranch 17</p> | <ul style="list-style-type: none"> • All Natural Hot Dog (DF) <p>o Corn 18</p> | <ul style="list-style-type: none"> • Firecracker Chicken • Veggie Taco Salad (VG) <p>o Pinto Beans & Baby Carrots 19</p> | <ul style="list-style-type: none"> • Crispy Chicken Sandwich (DF) • Chicken Caesar Salad <p>o Blanched Broccoli Florets 20</p> | <ul style="list-style-type: none"> • Kickin' Chicken Parm Pasta • Garden Ranch Salad <p>o Glazed Carrots 21</p> |
| <ul style="list-style-type: none"> • Chicken Enchiladas • Sesame Chicken Salad <p>o Chilled, Green Beans with Ranch 24</p> | <ul style="list-style-type: none"> • Hot Meatball Sub • Veggie Chef's Salad (VG) <p>o Three Bean Salad & Grape Tomatoes 25</p> | <ul style="list-style-type: none"> • All Natural Cheeseburger <p>o Chopped Lettuce and Tomatoes 26</p> | <ul style="list-style-type: none"> • Jumbo Caribbean Meatball (DF) <p>o Corn 27</p> | <ul style="list-style-type: none"> • Kickin' Chicken Melt Sandwich • Chillin' Chinese Chicken Noodles <p>o Steamed Carrots 28</p> |
| <ul style="list-style-type: none"> • Crispy Chicken Sandwich (DF) • Chicken Caesar Salad <p>o Blanched Broccoli Florets 31</p> | | | | |

Did You Know?

Revolution Foods serves fresh food made with real ingredients. There's a lot you won't find in our meals including:

- No artificial colors, flavors, or sweeteners.
- No high fructose corn syrup, MSG.
- No partially or fully hydrogenated fats or oils
- No added nitrites/nitrates

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (VG) options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

