

Lunch Menu



September 2021

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken Alfredo Pasta w/ Steamed Broccoli Banana 1% White Milk Fat Free White Milk	2 BBQ Meatballs w/ Seasoned Potato Wedges & Dinner Roll Orange 1% White Milk Fat Free White Milk	3 Chicken Enchiladas w/ Red Sauce Whole Fruit 100% Fruit Juice Whole Fruit 2 Whole Fruit 100% Fruit Juice 3 1% White Milk Fat Free White Milk
6 LABOR DAY 	7 Chicken Teriyaki w/ Chow Mein Noodles Baby Carrots 100% Fruit Juice 1% White Milk Fat Free White Milk	8 Meatloaf Mash & Gravy & Dinner Roll Banana 1% White Milk Fat Free White Milk	9 Chicken Burrito Bowl w/ Whole Grain Dessert Orange 1% White Milk Fat Free White Milk	10 Beef, Bean & Cheese Burrito Whole Fruit 100% Fruit Juice 3 Whole Fruit 1% White Milk Fat Free White Milk
13 <i>*Student Free Day No School*</i>	14 Cheese Lasagna w/ Tomato Basil Sauce 100% Fruit Juice 1% White Milk Fat Free White Milk	15 Chicken Nuggets & Mash Banana 1% White Milk Fat Free White Milk	16 Baked Ziti w/ Meat Sauce Orange 1% White Milk Fat Free White Milk	17 Mac & Cheese w/ Whole Grain Dessert 100% Fruit Juice 1% White Milk Fat Free White Milk
20 Honey-Mustard Grilled Chicken Sandwich w/ Oven Baked Fries Apple 1% White Milk Fat Free White Milk	21 Turkey Chili w/ Original Popped Chips Baby Carrots 100% Fruit Juice 1% White Milk Fat Free White Milk	22 Orange Chicken w/ "Not So Fried" Rice Banana 1% White Milk Fat Free White Milk	23 Spaghetti & Meatballs Orange 1% White Milk Fat Free White Milk	24 Hamburger w/ BBQ Popped Chips Whole Fruit 100% Fruit Juice 3 1% White Milk Fat Free White Milk
27 Cheeseburger w/ Oven Baked Fries Apple 1% White Milk Fat Free White Milk	28 Italian Combo Sandwich 100% Fruit Juice 1% White Milk Fat Free White Milk	29 Chicken Nuggets & Mash Potatoes Banana 1% White Milk Fat Free White Milk	30 Chicken & Cheese Pita Sandwich w/ Cucumber Slices Orange 1% White Milk Fat Free White Milk	

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.
This institution is an equal opportunity provider.

