





Breakfast Menu



November 2021

Monday	Tuesday	Wednesday	Thursday	Friday
1 Whole Grain Bagel w/ Cream Cheese Whole Fruit (Nectarine) 1% White Milk Fat Free White Milk	2 Mini Blueberry Pancakes Apple 1% White Milk Fat Free White Milk	3 Mantecada Sweet Bread Pear 1% White Milk Fat Free White Milk	4 Breakfast Cheese Tamale 100% Fruit Juice 1% White Milk Fat Free White Milk	5 Apple Empanada Whole Fruit (Nectarine) 1% White Milk Fat Free White Milk
8 Cereal w/ Honey Grahams Whole Fruit (Nectarine) 1% White Milk Fat Free White Milk	9 Bean & Cheese Burrito w/ Hot Sauce Apple 1% White Milk Fat Free White Milk	10 Frosted Flakes w/ Chocolate Grahams Pear 1% White Milk Fat Free White Milk	11 	12 Sandwich Apple Jacks w/ Granola Craisins Whole Fruit (Nectarine) 1% White Milk Fat Free White Milk
15 Coffee Cake Whole Fruit (Nectarine) 1% White Milk Fat Free White Milk	16 Mini Banana Pancakes Apple 1% White Milk Fat Free White Milk	17 Yogurt Parfait w/ Strawberries & Granola Apple Sauce 1% White Milk Fat Free White Milk	18 Chicken & Waffle w/ Syrup 100% Fruit Juice 1% White Milk Fat Free White Milk	19 Apple Jacks w/ Granola Craisins Whole Fruit (Nectarine) 1% White Milk Fat Free White Milk
22 <i>Fall Break</i> No School	23 <i>Fall Break</i> No School	24 <i>Fall Break</i> No School	25 	26 <i>Fall Break</i> No School
29 Cinnamon Delight Whole Fruit (Nectarine) 1% White Milk Fat Free White Milk	30 Apple Jacks w/ Cinnamon Grahams Whole Fruit (Nectarine) 1% White Milk Fat Free White Milk			

MENU SUBJECT TO CHANGE WITHOUT NOTICE




Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.
This institution is an equal opportunity provider.



Lunch Menu



November 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Beef Chili Cheese Fries w/ Cinnamon Chips Pear 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>2</p> <p>Turkey Ham & Cheese Croissant w/ Baby Baby Carrots 100% Fruit Juice Whole Fruit 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>3</p> <p>Chicken Salad Sandwich w/ Celery Sticks Edamame w/ Tajin Banana 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>4</p> <p>Chicken Burrito Bowl w/ WG Cookie Baby Carrots 2 Nectarine 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>5</p> <p>Meatball Sub Sandwich Beef, Bean & Cheese Burrito w/ Hot Sauce House Salad w/ Italian Apple 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>
<p>8</p> <p>Cheeseburger w/ Oven Baked Fries Pear 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>9</p> <p>Mediterranean Chicken Salad w/ Sour Cream Chips Baby Carrots 100% Fruit Juice Whole Fruit 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>10</p> <p>Build Your Own Plant-Based Chicken Tacos w/ Refried Beans, Tortillas & Celery Banana 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>11</p>  <p><i>No School</i></p>	<p>12</p> <p>Chicken Taco Salad w/ Nacho Chips Kale & Green Apple Salad w/ Ranch Apple 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>
<p>15</p> <p>Honey-Mustard Grilled Chicken Sandwich w/ Oven Baked Fries Pear 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>16</p> <p>Beef Nachos w/ Tortilla Chips Baby Carrots 100% Fruit Juice Whole Fruit 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>17</p> <p>Orange Chicken w/ Not-So-Fried Rice Edamame w/ Hot Sauce Banana 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>18</p> <p>Cheese Lasagna w/ Tomato Basil Sauce Baby Carrots 2 Nectarine 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>19</p> <p>Holiday Turkey, Mashed Potatoes w/ Gravy & Dinner Roll House Salad w/ Italian Apple 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>
<p>22</p> <p><i>Fall Break</i> School</p>	<p>23</p> <p><i>Fall Break</i> School</p>	<p>24</p> <p><i>Fall Break</i> No School</p>	<p>25</p> 	<p>26</p> <p><i>Fall Break</i> School</p>
<p>29</p> <p>Beef Hot Dog on WG Bun w/ Oven Baked Fries Pear 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>30</p> <p>Chicken Tortilla Soup Baby Carrots 100% Fruit Juice 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>			

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