

Breakfast Menu

January 2022



Monday	Tuesday	Wednesday	Thursday	Friday
3 No School	4 No School	5 No School	6 No School	7 No School
10 No School	11 Bean & Cheese Burrito w/ Hot Sauce Orange Whole Fruit (Plum) 1% White Milk Fat Free White Milk	12 Banana Bread Whole Fruit (Seasonal-Winter) 1% White Milk Fat Free White Milk	13 Egg & Sausage Breakfast Sandwich 100% Fruit Juice Whole Fruit 1% White Milk Fat Free White Milk	14 Mini Soybutter & Jelly Sandwich Craisins Whole Fruit (Plum) 1% White Milk Fat Free White Milk
17 	18 Breakfast Cheese Tamale Orange Whole Fruit (Plum) 1% White Milk Fat Free White Milk	19 Fruit Yogurt Parfait Granola Apple Sauce 1% White Milk Fat Free White Milk	20 WG Mini Chocolate Chip Pancakes 100% Fruit Juice Whole Fruit 1% White Milk Fat Free White Milk	21 Coffee Cake Craisins Whole Fruit (Plum) 1% White Milk Fat Free White Milk
24 Banana Muffin Flat Plum Whole Fruit 1% White Milk Fat Free White Milk	25 Mini Maple Pancakes Orange Whole Fruit (Plum) 1% White Milk Fat Free White Milk	26 Cereal w/ Cinnamon Grahams (2) Apple Sauce Whole Fruit (Seasonal-Winter) 1% White Milk Fat Free White Milk	27 Chicken Sausage, Pancake & Syrup 100% Fruit Juice Whole Fruit 1% White Milk Fat Free White Milk	28 Pan Dulce Craisins Whole Fruit (Plum) 1% White Milk Fat Free White Milk
31 Bagel w/ Cream Cheese Plum Whole Fruit 1% White Milk Fat Free White Milk				

MENU SUBJECT TO CHANGE WITHOUT NOTICE
Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.



This institution is an equal opportunity provider.

Lunch Menu



January 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
No School	No School	No School	No School	No School
10	11	12	13	14
No School	Baked Ziti w/ Meat Sauce Baby Carrots 100% Fruit Juice 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	Chicken Taco Salad w/ Tortilla Chips Banana 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	Chicken Tamale w/ Mixed Vegetables Baby Carrots 2 Seasonal Winter Fruit 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	Beef, Bean & Cheese Burrito w/ Hot Sauce Kale & Green Apple Salad w/ Ranch Orange 1% White Milk Fat Free White Milk Fat Free Chocolate Milk
17	18	19	20	21
	Chicken Tortilla Soup Baby Carrots 100% Fruit Juice 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	Chicken Taco Salad w/ Tortilla Chips Cucumber Slices w/ Tajin Banana 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	Spicy Korean Wings w/ Chicken "Fried" Rice Baby Carrots 2 Seasonal Winter Fruit 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	Turkey & Cheese Sandwich on Hawaiian Roll Orange 1% White Milk Fat Free White Milk Fat Free Chocolate Milk
24	25	26	27	28
Italian Combo w/ Seasoned Fries Apple 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	Cheese Manicotti w/ Tomato Basil Sauce Baby Carrots 100% Fruit Juice 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	Beef Picadillo, Rice & Black Beans w/ Nacho Chips Jicama w/ Tajin Banana 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	BBQ Beef Meatballs w/ Seasoned Wedges & Corn Muffin Baby Carrots 2 Seasonal Winter Fruit 1% White Milk Fat Free White Milk Fat Free Chocolate Milk	Chicken Enchiladas w/ Red Sauce Mixed Green Salad w/ Ranch Orange 1% White Milk Fat Free White Milk Fat Free Chocolate Milk
31				
Cheeseburger w/ Seasoned Fries Apple 1% White Milk Fat Free White Milk Fat Free Chocolate Milk				

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