

Breakfast Menu



january 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
10	11	12	13	14
	Bean & Cheese Burrito w/ Hot Sauce(150) Orange(150) Whole Fruit (Plum)(150) 1% White Milk(105) Fat Free White Milk(38)	Banana Bread(150) Apple Sauce(150) Whole Fruit (Seasonal- Winter) (150) 1% White Milk(105) Fat Free White Milk(38)	Egg & Sausage Breakfast Sandwich(150) 100% Fruit Juice (150) Whole Fruit (150) 1% White Milk(105) Fat Free White Milk(38)	Mini Soybutter & Jelly Sandwich(150) Craisins(150) Whole Fruit (Plum)(150) 1% White Milk(105) Fat Free White Milk(38)
17	18	19	20	21
	Breakfast Cheese Tamale(150) Orange(150) Whole Fruit (Plum)(150) 1% White Milk(105) Fat Free White Milk(38)	Fruit Yogurt Parfait Granola(150) Apple Sauce(150) 1% White Milk(105) Fat Free White Milk(38)	WG Mini Chocolate Chip Pancakes(150) 100% Fruit Juice (150) Whole Fruit (150) 1% White Milk(105) Fat Free White Milk(38)	Coffee Cake(150) Craisins(150) Whole Fruit (Plum)(150) 1% White Milk(105) Fat Free White Milk(38)
24	25	26	27	28
Apple Jacks w/ Granola(150) Plum(150) Whole Fruit (150) 1% White Milk(105) Fat Free White Milk(38)	Mini Maple Pancakes(150) Orange(150) Whole Fruit (Plum)(150) 1% White Milk(105) Fat Free White Milk(38)	Cereal w/ Cinnamon Grahams (2)(150) Apple Sauce(150) Whole Fruit (Seasonal- Winter) (150) 1% White Milk(105) Fat Free White Milk(38)	Chicken Sausage, Pancake & Syrup(150) 100% Fruit Juice (150) Whole Fruit (150) 1% White Milk(105) Fat Free White Milk(38)	Pan Dulce(150) Craisins(150) Whole Fruit (Plum)(150) 1% White Milk(105) Fat Free White Milk(38)
31				
Bagel w/ Cream Cheese(150) Plum(150) Whole Fruit (150) 1% White Milk(105) Fat Free White Milk(38)				

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.
This institution is an equal opportunity provider.



Lunch Menu

January 2022



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
10	11	12	13	14
	Cheese Manicotti w/ Tomato Basil Sauce(200) Baby Carrots(200) 100% Fruit Juice (200) 1% White Milk(50) Fat Free Chocolate Milk(150)	Beef Nachos w/ Tortilla Chips(200) Jicama w/ Tajin(200) Banana(200) 1% White Milk(50) Fat Free Chocolate Milk(150)	Breakfast for Lunch w/ Pancakes, Chicken Sausage & Seasoned Wedges(200) Baby Carrots 2(200) Seasonal Winter Fruit(200) 1% White Milk(50) Fat Free Chocolate Milk(150)	Pepperoni Pizza Hut(48pizzas) Vegetables Fruit 1% Milk or Chocolate Milk
17	18	19	20	21
	Chicken Tortilla Soup(100) Chicken Salad Sandwich w/ Baby Carrots K8(100) Baby Carrots(200) 100% Fruit Juice (200) 1% White Milk(50) Fat Free Chocolate Milk(150)	Beef Nachos w/ Tortilla Chips(200) Cucumber Slices w/ Tajin(200) Banana(200) 1% White Milk(50) Fat Free Chocolate Milk(150)	Chicken Tamale w/ Mixed Vegetables (200) Baby Carrots 2(200) Seasonal Winter Fruit(200) 1% White Milk(50) Fat Free Chocolate Milk(150)	Pepperoni Pizza Hut(48pizzas) Vegetables Fruit 1% Milk or Chocolate Milk
24	25	26	27	28
Beef Hot Dog w/ Seasoned Fries(200) Apple(200) 1% White Milk(50) Fat Free Chocolate Milk(150)	Chicken Teriyaki w/ Yakisoba Noodles(200) Baby Carrots(200) 100% Fruit Juice (200) 1% White Milk(50) Fat Free Chocolate Milk(150)	Beef Picadillo, Rice & Black Beans w/ Nacho Chips(200) Jicama w/ Tajin(200) Banana(200) 1% White Milk(50) Fat Free Chocolate Milk(150)	BBQ Beef Meatballs w/ Seasoned Wedges & Corn Muffin(200) Baby Carrots 2(200) Seasonal Winter Fruit(200) 1% White Milk(50) Fat Free Chocolate Milk(150)	Pepperoni Pizza Hut(48 pizzas) Vegetables Fruit 1% Milk or Chocolate Milk
31				
Cheeseburger w/ Seasoned Fries(200) Apple(200) 1% White Milk(50) Fat Free Chocolate Milk(150)				

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