

Lunch Menu

september 2021

Monday

Tuesday

Wednesday

Thursday

Friday

1

2

3

6

7

Chicken Salad Sandwich
(300)
Double Cheese Sandwich
w/ Tomatoes &
Lettuce(4)
Tuscan White Bean
Salad(300)
Banana(300)
1% White Milk(150)
Fat Free Chocolate
Milk(150)

8

Baked Ziti w/ Meat
Sauce(300)
Hummus & Cheese Wrap
w/ Veggie Dipper(4)
Baby Carrots 2(300)
Orange(300)
1% White Milk(150)
Fat Free Chocolate
Milk(150)

9

Burrito(300)
Soybutter & Jelly
Sandwich 2(4)
Mixed Green Salad w/
Ranch(300)
100% Fruit Juice 3(300)
1% White Milk(150)
Fat Free Chocolate
Milk(150)
Soybutter & Jelly
Sandwich(10)
Turkey Chili w/ Original
Popped Chips(10)
Chicken Nuggets w/
Mashed Potatoes &
Cheez Its Crackers HS(10)
Baked Ziti w/ Meat Sauce
& Dinner Roll(10)
Beef, Bean & Cheese
Burrito(10)
Opt 1 Veg - Baby
Carrots(10)
Opt 2 Veg - Baby
Carrots(10)
Opt 4 Veg - Baby
Carrots(10)
Opt 5 - Side of
Broccoli(10)

10

	<p>Chicken Teriyaki w/ Chow Mein Noodles (250) Baby Carrots(250) 100% Fruit Juice (250) 1% White Milk(63) Fat Free Chocolate Milk(175)</p>	<p>Chicken Salad Sandwich (250) Pinto Bean Salad(250) Banana(250) 1% White Milk(63) Fat Free Chocolate Milk(175)</p>	<p>Baked Ziti w/ Meat Sauce(250) Baby Carrots 2(250) Orange(250) 1% White Milk(63) Fat Free Chocolate Milk(175)</p>	<p>Beef, Bean & Cheese Burrito(250) House Salad w/ Italian(250) 100% Fruit Juice 3(250) 1% White Milk(63) Fat Free Chocolate Milk(175)</p>
13	14	15	16	17
<p>Cheeseburger w/ Oven Baked Fries(250) Apple(250) 1% White Milk(63) Fat Free Chocolate Milk(175)</p>	<p>Cheese Lasagna w/ Tomato Basil Sauce (250) Baby Carrots(250) 100% Fruit Juice (250) 1% White Milk(63) Fat Free Chocolate Milk(175)</p>	<p>Chicken Nuggets & Mash(250) Jicama & Bean Salad w/ Tajin Dressing(250) Banana(250) 1% White Milk(63) Fat Free Chocolate Milk(175)</p>	<p>Breakfast for Lunch: Pancakes, Chicken Sausage & Seasoned Wedges(250) Baby Carrots 2(250) Orange(250) 1% White Milk(63) Fat Free Chocolate Milk(175)</p>	
20	21	22	23	24
<p>Honey-Mustard Grilled Chicken Sandwich w/ Oven Baked Fries(250) Apple(250) 1% White Milk(63) Fat Free Chocolate Milk(175)</p>	<p>Italian Combo Sandwich (250) Baby Carrots(250) 100% Fruit Juice (250) 1% White Milk(63) Fat Free Chocolate Milk(175)</p>	<p>Orange Chicken w/ "Not So Fried" Rice(250) Sweet Edamame Salad(250) Banana(250) 1% White Milk(63) Fat Free Chocolate Milk(175)</p>		<p>Beef, Bean & Cheese Burrito(250) Lettuce, Tomato, Pickle Kit(250) 100% Fruit Juice 3(250) 1% White Milk(63) Fat Free Chocolate Milk(175)</p>
27	28	29	30	

Beef Hot Dog w/ Oven
Baked Fries (250)
Apple(250)
1% White Milk(63)
Fat Free Chocolate
Milk(175)

Chicken Tamale w/ Mixed
Vegetables (250)
Baby Carrots(250)
100% Fruit Juice (250)
1% White Milk(63)
Fat Free Chocolate
Milk(175)

Chicken Alfredo Pasta w/
Steamed Broccoli &
Whole Grain Cookie(250)
Tuscan White Bean
Salad(250)
Banana(250)
1% White Milk(63)
Fat Free Chocolate
Milk(175)

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.

This institution is an equal opportunity provider.



Saturday

Sunday

4

5





