

Breakfast Menu

september 2021

Monday

Tuesday

Wednesday

Thursday

Friday

1

2

3

				Apple Jacks w/ Cinnamon Grahams(250) Whole Fruit 2(50) 100% Fruit Juice 2(50) Whole Fruit (50) Whole Fruit (50) 100% Fruit Juice (50) 1% White Milk(125) Fat Free White Milk(125) Cereal w/ Granola(300) Apple(300) Whole Fruit (300) 1% White Milk(150) Fat Free White Milk(150)
	Cinnamon Delight(250) Orange(250) Whole Fruit (250) 1% White Milk(125) Fat Free White Milk(125)	Mantecada Sweet Bread(250) Pear(250) Whole Fruit (250) 1% White Milk(125) Fat Free White Milk(125)	Cranberry Oatmeal Round(250) Whole Fruit (250) 100% Fruit Juice 2(250) 1% White Milk(125) Fat Free White Milk(125)	
13	14	15	16	17
Chocolate Chip Muffin Flat (250) 100% Fruit Juice (13) Whole Fruit (125) 1% White Milk(175) Fat Free White Milk(63)	Bean & Cheese Burrito(250) Orange(13) Whole Fruit (125) 1% White Milk(175) Fat Free White Milk(63)	Mango Bar(250) Apple Sauce(250) Whole Fruit (250) 1% White Milk(125) Fat Free White Milk(125)	Froot Loops w/ Cinnamon Grahams(250) Whole Fruit (125) 100% Fruit Juice 2(13) 1% White Milk(175) Fat Free White Milk(63)	Apple Jacks w/ Granola(250) Green Apple(250) Whole Fruit 2(125) 1% White Milk(175) Fat Free White Milk(63) Cereal w/ Granola(300) Green Apple(300) Whole Fruit (300) 1% White Milk(150) Fat Free White Milk(150)
20	21	22	23	24

Coffee Cake(250)
100% Fruit Juice (250)
Whole Fruit (250)
1% White Milk(125)
Fat Free White Milk(125)

Mini Banana Pancakes
(250)
Orange(13)
Whole Fruit (125)
1% White Milk(175)
Fat Free White Milk(63)

Frosted Mini Wheats w/
Strawberry Grahams(250)
Pear(13)
Whole Fruit 2(125)
1% White Milk(175)
Fat Free White Milk(63)

Froot Loops w/ Cinnamon
Grahams(250)
Whole Fruit (125)
100% Fruit Juice 2(13)
1% White Milk(175)
Fat Free White Milk(63)

Apple Jacks w/
Granola(250)
Green Apple(250)
Whole Fruit 2(125)
1% White Milk(175)
Fat Free White Milk(63)
Cereal w/ Granola(300)
Green Apple(300)
Whole Fruit (300)
1% White Milk(150)
Fat Free White Milk(150)

27

Cinnamon Delight(250)
100% Fruit Juice (250)
Whole Fruit (250)
1% White Milk(125)
Fat Free White Milk(125)

28

French Toast(250)
Orange(13)
Whole Fruit (125)
1% White Milk(175)
Fat Free White Milk(63)

29

Frosted Mini Wheats w/
Strawberry Grahams(250)
Apple Sauce(250)
Whole Fruit 2(125)
1% White Milk(175)
Fat Free White Milk(63)

30

Chicken Sausage &
Pancake w/ Syrup(250)
Whole Fruit (125)
100% Fruit Juice 2(13)
1% White Milk(175)
Fat Free White Milk(63)

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.

This institution is an equal opportunity provider.



Saturday

Sunday

4

5





