

Lunch Menu



december 2021

Monday

Tuesday

Wednesday

Thursday

Friday

1

2

3

		<p>Chicken Alfredo Pasta w/ WG Sugar Cookie Chicken Tamale w/ Mixed Vegetables Chicken Salad Sandwich w/ Celery Sticks HS Plant-Based Chicken Alfredo Pasta w/ WG Sugar Cookie Soybuter & Jelly Sandwich w/ Celery Sticks HS Mexican Chicken Salad w/ Tortilla Chips Baby Carrots Banana Whole Fruit 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>BBQ Meatballs w/ Seasoned Potato Wedges & Popped Chips Cheese Lasagna w/ Tomato Basil Sauce & Pretzels Turkey & Cheese Sandwich on Hawaiian Roll w/ Fruitable Juice Buffalo Chicken Salad w/ Wheat Crackers BBQ Plant-Based Chicken Tenders w/ Potato Wedges & Popped Chips Double Cheese Sandwich w/ Fruitable Juice Hummus Cup Baby Carrots 2 Whole Fruit Nectarine 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>	<p>Chicken Enchiladas w/ Red Sauce Beef, Bean & Cheese Burrito w/ Hot Sauce Soybuter & Jelly Sandwich 2 Chicken Taco Salad w/ Tortilla Chips Cheese Enchiladas w/ Red Sauce Mixed Green Salad w/ Ranch Apple Whole Fruit (Pear) 1% White Milk Fat Free White Milk Fat Free Chocolate Milk</p>
6	7	8	9	10

Beef Chili Cheese Fries w/
Cinnamon Chips
Cheeseburger w/ Oven
Baked Fries
Italian Combo Sandwich
w/ Side of Baked Fries
Vegetarian Chili Cheese
Fries w/ Cinnamon Chips
Double Cheese Sandwich
w/ Side of Baked Fries
Baby Carrots 2
Whole Fruit
Pear
1% White Milk
Fat Free White Milk
Fat Free Chocolate Milk

13

Chicken Teriyaki w/
Yakisoba Noodles HS
Beef Nachos w/ Tortilla
Chips
Turkey Chipotle Wrap w/
Baby Carrots
Mediterranean Chicken
Salad w/ Popped Chips
Plant Based Chicken
Teriyaki w/ Yakisoba
Noodles HS
Double Cheese Sandwich
w/ Baby Carrots
Baby Carrots
100% Fruit Juice
Whole Fruit
1% White Milk
Fat Free White Milk
Fat Free Chocolate Milk

14

Chicken Nuggets, Mashed
Potatoes & Pretzels
Chicken Tamale w/ Mixed
Vegetables
Turkey Ham & Cheese
Croissant w/ Celery Sticks
HS
Mexican Chicken Salad
w/ Tortilla Chips
Plant-Based Chicken
Tenders, Mash & WG
Pretzels
Soybutter & Jelly
Sandwich w/ Celery Sticks
HS
Edamame w/ Tajin
Banana
Whole Fruit
1% White Milk
Fat Free White Milk
Fat Free Chocolate Milk

15

Chicken Burrito Bowl w/
WG Cookie
Cheese Lasagna w/
Tomato Basil Sauce &
Pretzels
Soybutter & Jelly
Sandwich w/ Fruitable
Juice
Southwest Chicken Salad
w/ Baked Chips
Plant-Based Chicken
Burrito Bowl w/ WG
Cookie
Baby Carrots
Whole Fruit
Seasonal Winter Fruit
1% White Milk
Fat Free White Milk
Fat Free Chocolate Milk

16

BBQ Pork Rib Patty
Sandwich
Bean & Cheese Burrito w/
Hot Sauce
Turkey & Cheese
Sandwich on Hawaiian
Roll
Chicken Taco Salad w/
Tortilla Chips
Vegetarian Burger
Double Cheese Sandwich
w/ Lettuce
House Salad w/ Italian
Orange
Whole Fruit (Pear)
1% White Milk
Fat Free White Milk
Fat Free Chocolate Milk

17

Chicken Patty Burger w/
 Oven Baked Fries
 Cheeseburger w/ Oven
 Baked Fries
 Italian Combo Sandwich
 w/ Side of Baked Fries
 Vegetarian Cheeseburger
 w/ Oven Baked Fries
 Double Cheese Sandwich
 w/ Side of Baked Fries
 Baby Carrots 2
 Whole Fruit
 Pear
 1% White Milk
 Fat Free White Milk
 Fat Free Chocolate Milk

Baked Ziti w/ Meat Sauce
 & Dinner Roll
 Beef Nachos w/ Tortilla
 Chips
 Turkey Chipotle Wrap w/
 Baby Carrots
 Mediterranean Chicken
 Salad w/ Popped Chips
 Cheesy Penne w/ Tomato
 Basil Sauce HS
 Double Cheese Sandwich
 w/ Baby Carrots
 Holiday Glazed Ham,
 Mashed Potatoes w/
 Gravy & Dinner Roll
 Baby Carrots
 100% Fruit Juice
 Whole Fruit
 1% White Milk
 Fat Free White Milk
 Fat Free Chocolate Milk

Roasted Chicken Leg w/
 Mashed Potatoes & Corn
 Muffin
 Chicken Tamale w/ Mixed
 Vegetables
 Turkey Ham & Cheese
 Croissant w/ Celery Sticks
 HS
 Mexican Chicken Salad
 w/ Tortilla Chips
 Plant-Based Chicken
 Tenders w/ Mashed
 Potatoes & Corn Muffin
 Soybutter & Jelly
 Sandwich w/ Celery Sticks
 HS
 Holiday Glazed Ham,
 Mashed Potatoes w/
 Gravy & Dinner Roll
 Edamame w/ Hot Sauce
 Banana
 Whole Fruit
 1% White Milk
 Fat Free White Milk
 Fat Free Chocolate Milk

Breakfast for Lunch:
 Pancakes, Chicken
 Sausage & Seasoned
 Wedges HS
 Cheese Lasagna w/
 Tomato Basil Sauce &
 Pretzels
 Soybutter & Jelly
 Sandwich w/ Fuitable
 Juice
 Southwest Chicken Salad
 w/ Baked Chips
 Breakfast for Lunch: Plant
 Based Chicken Tenders,
 Seasoned Wedges &
 Pancakes HS
 Holiday Glazed Ham,
 Mashed Potatoes w/
 Gravy & Dinner Roll
 Baby Carrots
 Pear
 Whole Fruit
 1% White Milk
 Fat Free White Milk
 Fat Free Chocolate Milk

Mac & Cheese w/ Whole
 Grain Cookie
 Bean & Cheese Burrito w/
 Hot Sauce
 Turkey & Cheese
 Sandwich on Hawaiian
 Roll
 Chicken Taco Salad w/
 Tortilla Chips
 Double Cheese Sandwich
 w/ Lettuce
 Holiday Glazed Ham,
 Mashed Potatoes w/
 Gravy & Dinner Roll
 Kale & Green Apple Salad
 w/ Ranch
 Orange
 Whole Fruit (Pear)
 1% White Milk
 Fat Free White Milk
 Fat Free Chocolate Milk

20

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22

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24

27

28

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MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.

This institution is an equal opportunity provider.

