

# Breakfast Menu



december 2021

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cranberry Oatmeal Round Frosted Flakes w/ Chocolate Grahams Apple Sauce Pear 1% White Milk Fat Free White Milk	2 Chicken Sausage, Pancake & Syrup Froot Loops w/ Cinnamon Grahams Whole Fruit 100% Fruit Juice 1% White Milk Fat Free White Milk	3 Pan Dulce Apple Jacks w/ Granola Craisins Whole Fruit (Nectarine) 1% White Milk Fat Free White Milk
6 Blueberry Muffin Flat Cereal w/ Honey Grahams Whole Fruit Plum 1% White Milk Fat Free White Milk	7 Bean & Cheese Burrito w/ Hot Sauce Apple Jacks w/ Cinnamon Grahams Orange Whole Fruit (Plum) 1% White Milk Fat Free White Milk	8 Mantecada Sweet Bread Frosted Flakes w/ Chocolate Grahams Apple Sauce Whole Fruit (Seasonal- Winter) 1% White Milk Fat Free White Milk	9 Egg & Cheese Sandwich Froot Loops w/ Cinnamon Grahams Whole Fruit 100% Fruit Juice 1% White Milk Fat Free White Milk	10 Mini Soybutter & Jelly Sandwich Apple Jacks w/ Granola Craisins Whole Fruit (Plum) 1% White Milk Fat Free White Milk
13	14	15	16	17

Coffee Cake  
Cereal w/ Honey  
Grahams  
Whole Fruit  
Plum  
1% White Milk  
Fat Free White Milk

Mini Banana Pancakes  
Apple Jacks w/ Cinnamon  
Grahams  
Orange  
Whole Fruit (Plum)  
1% White Milk  
Fat Free White Milk

Yogurt Parfait w/  
Strawberries & Granola  
Frosted Flakes w/  
Chocolate Grahams &  
Fruit  
Apple Sauce  
1% White Milk  
Fat Free White Milk

Froot Loops w/ Cinnamon  
Grahams  
Apple Empanada  
Whole Fruit  
100% Fruit Juice  
1% White Milk  
Fat Free White Milk

Apple Jacks w/ Granola  
Blueberry Muffin  
Craisins  
Whole Fruit (Plum)  
1% White Milk  
Fat Free White Milk

20

21

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31

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.

This institution is an equal opportunity provider.

