

Breakfast Menu



december 2021

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|---|---|--|--|----------|--------|
| | | 1 Cranberry Oatmeal Round(160) Apple Sauce(32) Pear(48) 1% White Milk(35) Fat Free White Milk(35) | 2 Chicken Sausage, Pancake & Syrup(160) Whole Fruit (80) 100% Fruit Juice (160) 1% White Milk(35) Fat Free White Milk(35) | 3 Pan Dulce(160) Craisins(8) Whole Fruit (Nectarine)(112) 1% White Milk(70) | 4 | 5 |
| 6 Blueberry Muffin Flat(160) Whole Fruit (80) Plum(112) 1% White Milk(35) Fat Free White Milk(35) | 7 Bean & Cheese Burrito w/ Hot Sauce(160) Orange(80) Whole Fruit (Plum)(112) 1% White Milk(35) Fat Free White Milk(35) | 8 Mantecada Sweet Bread(160) Apple Sauce(32) Whole Fruit (Seasonal-Winter) (112) 1% White Milk(35) Fat Free White Milk(35) | 9 Egg & Cheese Sandwich (160) Whole Fruit (80) 100% Fruit Juice (160) 1% White Milk(45) Fat Free White Milk(35) | 10 Apple Jacks w/ Granola(100) Craisins(5) Whole Fruit (Plum)(70) 1% White Milk(60) | 11 | 12 |
| 13 Coffee Cake(160) Whole Fruit (80) Plum(112) 1% White Milk(70) Fat Free White Milk(20) | 14 Mini Banana Pancakes (160) Orange(80) Whole Fruit (Plum)(112) 1% White Milk(70) Fat Free White Milk(15) | 15 Yogurt Parfait w/ Strawberries & Granola(160) Apple Sauce(32) 1% White Milk(70) Fat Free White Milk(20) | 16 Chicken & Waffle w/ Syrup(160) Whole Fruit (80) 100% Fruit Juice (160) 1% White Milk(70) Fat Free White Milk(20) | 17 Strawberry Muffin(160) Craisins(8) Whole Fruit (Plum)(112) 1% White Milk(70) Fat Free White Milk(20) | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.
This institution is an equal opportunity provider.



Lunch Menu

december 2021



| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|--|---|---|---|----------|--------|
| | | 1 Chicken Alfredo Pasta w/ WG Sugar Cookie(160) Baby Carrots 2(32) Banana(128) 1% White Milk(35) Fat Free Chocolate Milk(70) | 2 Cheese Lasagna w/ Popped Chips(100) Buffalo Chicken Salad w/ Wheat Crackers (60) Hummus Cup(32) Nectarine(128) 1% White Milk(35) Fat Free Chocolate Milk(70) | 3 Chicken Enchiladas w/ Red Sauce (120) Chicken Taco Salad w/ Nacho Chips(40) Mixed Green Salad w/ Ranch(48) Apple(80) 1% White Milk(35) Fat Free Chocolate Milk(70) | 4 | 5 |
| 6 Cheeseburger w/ Oven Baked Fries(160) Pear(48) 1% White Milk(35) Fat Free Chocolate Milk(70) | 7 Chicken Teriyaki w/ Yakisoba Noodles(160) Baby Carrots(48) 100% Fruit Juice (160) 1% White Milk(35) Fat Free Chocolate Milk(70) | 8 Chicken Nuggets & Mashed Potatoes(160) Edamame w/ Tajin(8) Banana(128) 1% White Milk(35) Fat Free Chocolate Milk(70) | 9 Cheese Lasagna w/ Tomato Basil Sauce (160) Baby Carrots 2(32) Seasonal Winter Fruit(80) 1% White Milk(35) Fat Free Chocolate Milk(70) | 10 Bean & Cheese Burrito w/ Hot Sauce(100) Turkey & Cheese Sandwich on Hawaiian Roll(60) House Salad w/ Italian(32) Orange(80) 1% White Milk(35) Fat Free Chocolate Milk(70) | 11 | 12 |
| 13 Chicken Patty Burger w/ Oven Baked Fries (160) Pear(48) 1% White Milk(40) Fat Free Chocolate Milk(72) | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

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Snack Menu



december 2021

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|---------|-----------|----------|--------|----------|--------|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

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Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.

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