

CCECHS Breakfast Menu



november 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Whole Grain Bagel w/ Cream Cheese	2 Mini Blueberry Pancakes	3 Mantecada Sweet Bread	4 Breakfast Cheese Tamale	5 Apple Empanada	6 	
8 Blueberry Muffin Flat	9 Bean & Cheese Burrito w/ Hot Sauce	10 Frosted Flakes w/ Chocolate Grahams	11 NO SCHOOL 	12 Apple Jacks w/ Granola	13	14
15 Coffee Cake	16 Mini Banana Pancakes	17 Yogurt Parfait w/ Strawberries & Granola	18 Chicken & Waffle w/ Syrup	19 Strawberry Muffin	20	21
						
29 Cinnamon Delight	30 Mini Maple Pancakes					

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.
This institution is an equal opportunity provider.



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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<p>2</p> <p>Chicken Teriyaki w/ Yakisoba Noodles HS</p>	<p>3</p> <p>Chicken Tamale w/ Mixed Vegetables Mexican Chicken Salad w/ Tortilla Chips</p>	<p>4</p> <p>Chicken Burrito Bowl w/ WG Cookie Buffalo Chicken Salad w/ Wheat Crackers</p>	<p>5</p> <p>Beef, Bean & Cheese Burrito w/ Hot Sauce</p>		
<p>8</p> <p>Chicken Patty Burger w/ Oven Baked Fries</p>	<p>9</p> <p>Baked Ziti w/ Meat Sauce & Dinner Roll</p>	<p>10</p> <p>Chicken Tamale w/ Mixed Vegetables & Bean Salad</p>		<p>12</p> <p>Beef, Bean & Cheese Burrito w/ Hot Sauce Chicken Taco Salad w/ Nacho Chips</p>	<p>13</p>	<p>14</p>
<p>15</p> <p>Honey-Mustard Grilled Chicken Sandwich w/ Oven Baked Fries Cheeseburger w/ Oven Baked Fries</p>	<p>16</p> <p>Beef Nachos w/ Tortilla Chips</p>	<p>17</p> <p>Orange Chicken w/ Not- So-Fried Rice</p>	<p>18</p> <p>Spaghetti & Meatballs HS</p>	<p>19</p> <p>Chicken Taco Salad w/ Nacho Chips Holiday Turkey, Mashed Potatoes w/ Gravy & Dinner Roll</p>	<p>20</p>	<p>21</p>
						
<p>29</p> <p>Beef Hot Dog on WG Bun w/ Oven Baked Fries Cheeseburger w/ Oven Baked Fries</p>	<p>30</p> <p>Turkey Ham & Cheese Croissant w/ Baby Carrots HS Cheese Tamale w/ Mixed Vegetables</p>					

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