

Breakfast Menu

October 2021



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 Pan Dulce Whole Fruit 1% White Milk Fat Free White Milk	2	3
4 Whole Grain Bagel w/ Cream Cheese Whole Fruit Orange 1% White Milk Fat Free White Milk	5 Mini Blueberry Pancakes Whole Fruit 1% White Milk Fat Free White Milk	6 Mantecada Sweet Bread Whole Fruit 1% White Milk Fat Free White Milk	7 Breakfast Cheese Tamale Whole Fruit 100% Fruit Juice 1% White Milk Fat Free White Milk	8 Pineapple Empanada Whole Fruit 1% White Milk Fat Free White Milk	9	10
11 Cereal w/ Honey Grahams Whole Fruit Orange 1% White Milk Fat Free White Milk	12 Bean & Cheese Burrito Orange Whole Fruit 1% White Milk Fat Free White Milk	13 Frosted Flakes w/ Strawberry Grahams Apple Sauce Whole Fruit 1% White Milk Fat Free White Milk	14 Egg & Cheese Sandwich Whole Fruit 100% Fruit Juice 1% White Milk Fat Free White Milk	15 Mini Soybutter & Jelly Sandwich Whole Fruit 1% White Milk Fat Free White Milk	16	17
18 Coffee Cake Whole Fruit Orange 1% White Milk Fat Free White Milk	19 Mini Banana Pancakes Orange Whole Fruit 1% White Milk Fat Free White Milk	20 Fruit Yogurt Parfait Granola Fruit 1% White Milk Fat Free White Milk	21 Chicken & Waffle w/ Syrup Whole Fruit 100% Fruit Juice 1% White Milk Fat Free White Milk	22 Strawberry Muffin Whole Fruit 2 1% White Milk Fat Free White Milk	23	24
25 Cinnamon Delight Whole Fruit 1% White Milk Fat Free White Milk	26 Mini Maple Pancakes Whole Fruit 1% White Milk Fat Free White Milk	27 Cranberry Oatmeal Round Apple Sauce Whole Fruit 1% White Milk Fat Free White Milk	28 Chicken Sausage & Pancake w/ Syrup Whole Fruit 100% Fruit Juice 1% White Milk Fat Free White Milk	29 Pan Dulce Whole Fruit 1% White Milk Fat Free White Milk	30	31 

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, fruit, and fat free white milk or 1% white milk.
This institution is an equal opportunity provider.

