



Personal Interests:

Soccer - I played competitive club and high school soccer throughout southern California. Although I love the sport I have stopped playing due to a multitude of injuries. Go Chivas!

Hiking – I recently completed a course in outdoor recreation and started partaking in hiking, kayaking and camping when free time allows it. Exploring the outdoors is something I have found soothing when feeling overwhelmed. I have provided you with a picture of my Sequoia trip this summer below.



Mr. P. Lozano 9th Grade Physical Education

Topics: Fitness Testing & Evaluation, Muscular System, Biomechanics, Exercise Physiology, Nutrition, Program Design, Sports (basketball, soccer, ultimate Frisbee, softball, volleyball, capture the flag).

Hello Falcon family,

My name is Phillip Lozano and I will be the Physical Education teacher for the upper grade levels at CALS Early College High School for the 2016 – 2017 school year.

I was born in South El Monte, California and was raised in Montebello, California. During my time in Montebello I was surrounded by a community whose passion for soccer introduced me to a whole new world. It was then where I would create some of the fondest memories in sports and teamwork.

After high school, I enrolled at Rio Hondo College where I completed associates degrees in Fire Technology and General Studies and a certificate as a Fitness Specialist. Right after graduating, I transferred to CSU- Dominguez Hills where I completed an undergraduate degree in Physical Education. During this time I also became a certified personal trainer by the National Academy of Sports Medicine. This semester I began my pursuit of a master's degree in Physical Education with an emphasis in Sport Management at Azusa Pacific University.

As a first year teacher I strive to learn more about the students I have the opportunity to serve and the culture at CALS Early College High School. The CALS ECHS curriculum will expose young students to a broad scope of curriculum which will include the exercise sciences and physical activities where they will develop cognitive, social and psychomotor skills. This will be done by providing your child with an environment that is mastery oriented in nature. Doing so will result in a greater probability that your child will pursue physical activity throughout their lifetime. I am excited to join the Falcon family and hope to meet you all soon!

Thank you,

Mr. P. Lozano