

# Nov-17

\*\*\*all meals come with milk and fresh fruit\*\*\*

\*\*\*todos alimentos vienen con fruta fresca\*\*\*

Monday	Tuesday	Wednesday	Thursday	Friday
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		1	2	3
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
		Blueberry Burst muffin	Blueberry Burst Bagel	Honey Grahams
Lunch	Lunch	Lunch	Lunch	Lunch
		Beef Cheeseburger	Chicken Potstickers	Cheese Tamale
		Buffalo Chicken Sandwich	Mac & Cheese w/Chicken Bites	
6	7	8	9	10
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Yogurt with Granola	Lemon Muffin	Cinnamon Crumble	Multigrain Cheerios	
Lunch	Lunch	Lunch	Lunch	Lunch
Turkey & Cheese Flatbread Melt	Mac & Cheese w/Sausage	Domino's Cheese Pizza	Hot Dog	
Chicken Bites	Beef Pepper Jack Cheeseburger		Buffalo Chicken Pizza	
13	14	15	16	17
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Yogurt with Granola	Autumn Spice Muffin	Honey Grahams	Plain Bagel	Honey Grahams
Lunch	Lunch	Lunch	Lunch	Lunch
Beef Cheeseburger	BBQ Chicken Quesadilla	Chicken Potstickers	Chicken Teriyaki w/ Carrot Rice	Chicken Potstickers
Oven Roasted Chicken Sandwich	Pancakes w/ Sausage	Holiday Roast Turkey	Meatless "Italian" Calzoni	Holiday Roast Turkey
20	21	22	23	24
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Lunch	Lunch	Lunch	Lunch	Lunch
27	28	29	30	
Breakfast	Breakfast	Breakfast	Breakfast	
Cinnamon Chex Cereal	Multigrain Cheerios	Dipperdoodle Bar	Whole Grain Cheerios	
Lunch	Lunch	Lunch	Lunch	
Crispy Chicken Sandwich	Pancakes & Cheesy Omelet	Beef Cheeseburger	Chicken Potstickers	
Spaghetti Marinara	BBQ Chicken Drumstick	Oven Roasted Chicken Sand	Mac & Cheese and Chicken Bites	